

C2S WITH THE RIGHT SUPPORT

FROM INSIGHT TO ACTION: BUILDING A
CULTURE OF EMPOWERMENT



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Please Sign In



Pre-Survey



Presentation

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GETTING STARTED

- Sign In / Pre-Survey Completed
- Clothes Pin
- Please take care of your needs
 - Drink/Stand Up/ Restroom/ Other



PREVIOUS EMPOWERMENT OPPORTUNITIES

Beyond Dementia Diagnosis: Shifting
Perspective on Brain Change

Dementia Experience: Behavior Vs
Need

Skill Building: Communication,
Approach, Do With Me Not To Me





MINDSET



WHAT IS DEMENTIA



HOW DOES DEMENTIA AFFECT THE BRAIN



DEMENTIA
EXPERIENCE
MIDDLE TO
LATE STAGE

SKILL BUILDING



COMMUNICATION



APPROACH

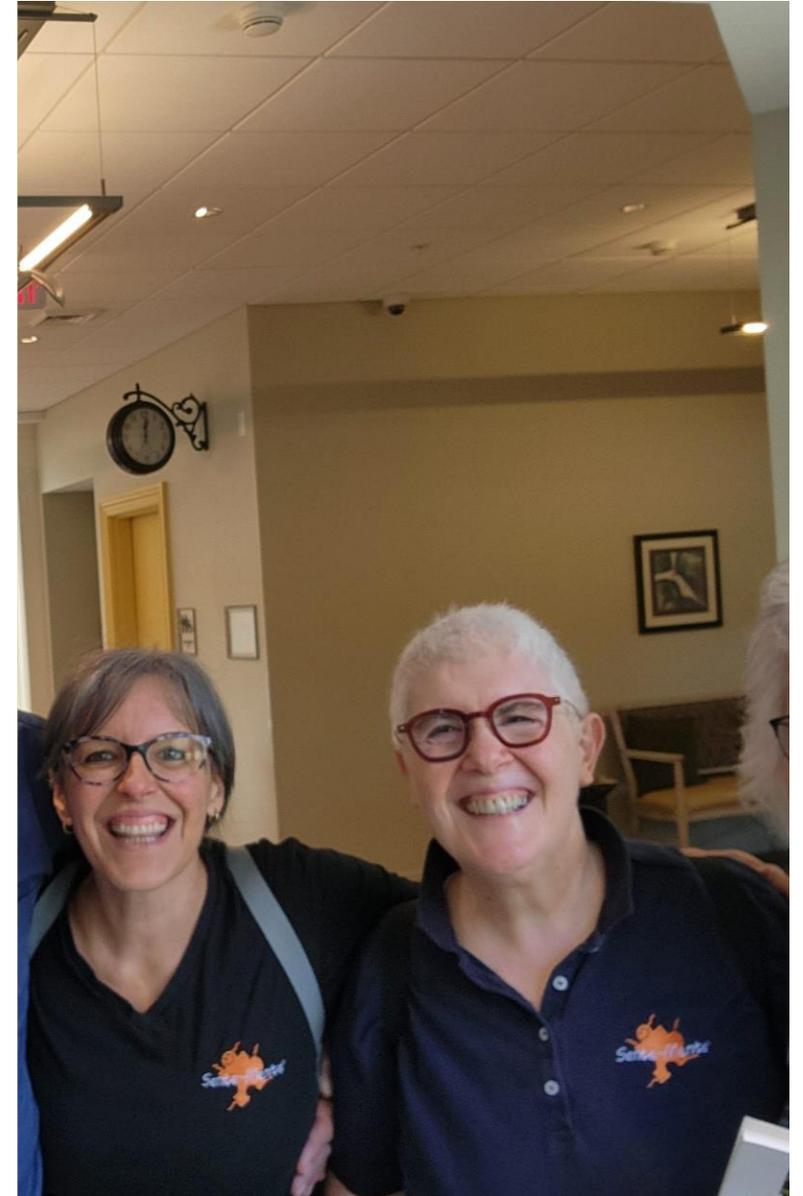


WITH NOT TO SUPPORTIVE HAND TECHNIQUE



AGENDA

From Insight to Action:
Building a Culture of
Empowerment





*PERSON
DIRECTED
LIVING AND
INSPIRING
PURPOSE*



BEST PRACTICES FOR CARE OF DEMENTIA PATIENT

Changes in Identity

Support Me In Who I Am Now

Inspiring Purpose

Ways to Support Autonomy



**Promoting
autonomy for
someone living with
dementia can help
maintain
independence and
slow down
cognitive decline**

CHANGING IDENTITIES THROUGH AGING AND DEMENTIA

- Early Adulthood
 - Establish identity based on career, relationships, and personal interests, laying the foundation for later life
- Midlife
 - As responsibilities shift, identities may realign with family roles, career achievements, or personal crises, influencing self-perception
- Later In Life
 - Significant shift as health concerns emerge, prompting a reevaluation of identity and purpose
- Living with Dementia
 - Navigate new identity shaped by dementia, focusing on abilities and strengths rather than limitations, fostering resilience

ENTITY CHALLENGE



Original Purpose
1853 David Smith
Other Purpose

Original Purpose
1887 Solon E. Moore
Other Purpose
Something Else



INSPIRING PURPOSE



“Resilience is accepting your new reality, even if it’s less good than the one you had before”

~Elizabeth Edwards

ENCOURAGE SOCIAL INTERACTIONS

- Social connections among care partners AND individuals with dementia can combat isolation and promote emotional well-being
- Group activities and support groups foster a sense of community and belonging, essential for mental health



HANDS ON APPROACH

- Hands-on engagement can stimulate cognitive function and provide sensory experiences
- Cooking, gardening, arts and crafts are excellent ways to apply skills practically, enhancing memory recall and stimulate cognitive function



ADAPTIVE LEARNING APPROACH

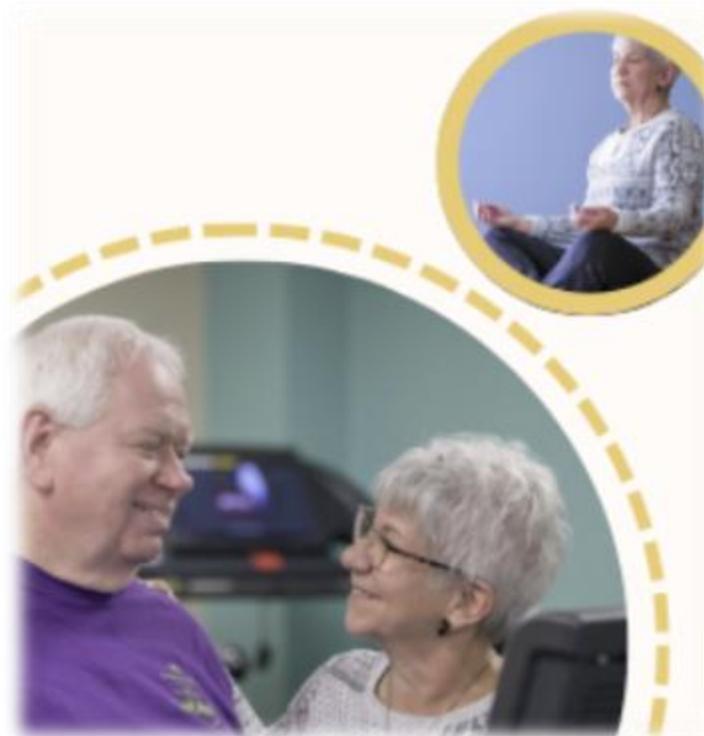


- Employ flexible, tailored learning strategies to cater to varying cognitive abilities
- Simplifying steps and incorporating visual cues can facilitate better understanding and retention of information



FOCUS ON **CURRENT** STRENGTHS, INTERESTS, AND ABILITIES

- Identifying and prioritizing hobbies and passions can enhance their sense of purpose
- Aligned interests can boost self-esteem and encourage participation in daily routines, while enhancing joy and contentment
- **BE IN THEIR MOMENT**



WAYS TO SUPPORT AUTONOMY



“You are still the author of your own story, even as the narrative evolves. We are here to help you write each chapter with dignity and choice.”

~Unknown Author

SUPPORT ME IN WHO I AM NOW

- Involve me in decision making
 - What shirt I am going to wear today is a choice
 - What I want to eat is a choice
 - Do I want to eat breakfast outside is a choice

SUPPORT ME IN WHO I AM NOW

- Never take something away from me with out substituting it for something I would like better
- Before taking something away, can we do something different to make it safe for me

SUPPORT ME IN WHO I AM NOW

- Modify Activities
 - Help me do what I can. It may not be perfect, but at least I did contribute
 - Self Care
 - Support my abilities, even if it takes a few extra minutes.
 - Do with me, NOT to me

- Continuous, not episodic
- Enforced in every aspect
- Continually reevaluating to seek improvement
- Success goals
- Holistic
- Ongoing
- Implemented
- Performance improvement
- Measurable

Person Directed Living



- Social Model NOT Medical Model
- Include "Circles" where EVERY person's voice is heard
- Assumptions have no place in PDL
- The Person is priority, NOT the Task
- Continual Communication
 - Remember Not All Communication is Verbal

Person Directed Living



How are you personally
going to put **ACTION** to
Building a Culture of
Empowerment?

Person Directed Living





PERSON
DIRECTED
LIVING AND
INSPIRING
PURPOSE
DEBRIEF



WHAT
DIFFERENCE
WILL YOU
MAKE?



Where You Are In A
Few Months Depends
On What You Do
Today

Will you be a
Difference Maker?

It's up to
YOU!



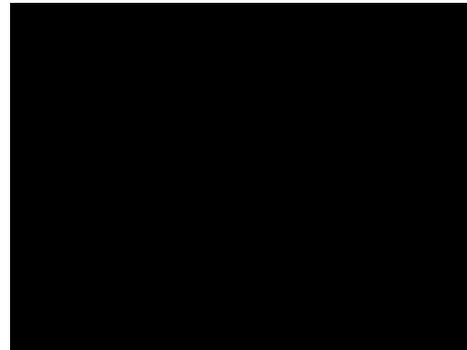
Man with Parkinson's



Microsoft. (n.d.). Bing.
<https://www.bing.com/videos/riverview/relatedvideo?q=man%2Bwith%2Bparkinsons%2Bmusic&mid=D45F674BD410BF7C38CD45F674BD410BF7C38C&FORM=VIRE>

DIFFERENCE MAKERS

Gladys Wilson



YouTube. (n.d.-b). YouTube.
<https://www.youtube.com/watch?v=zm0gyUOBYlg>

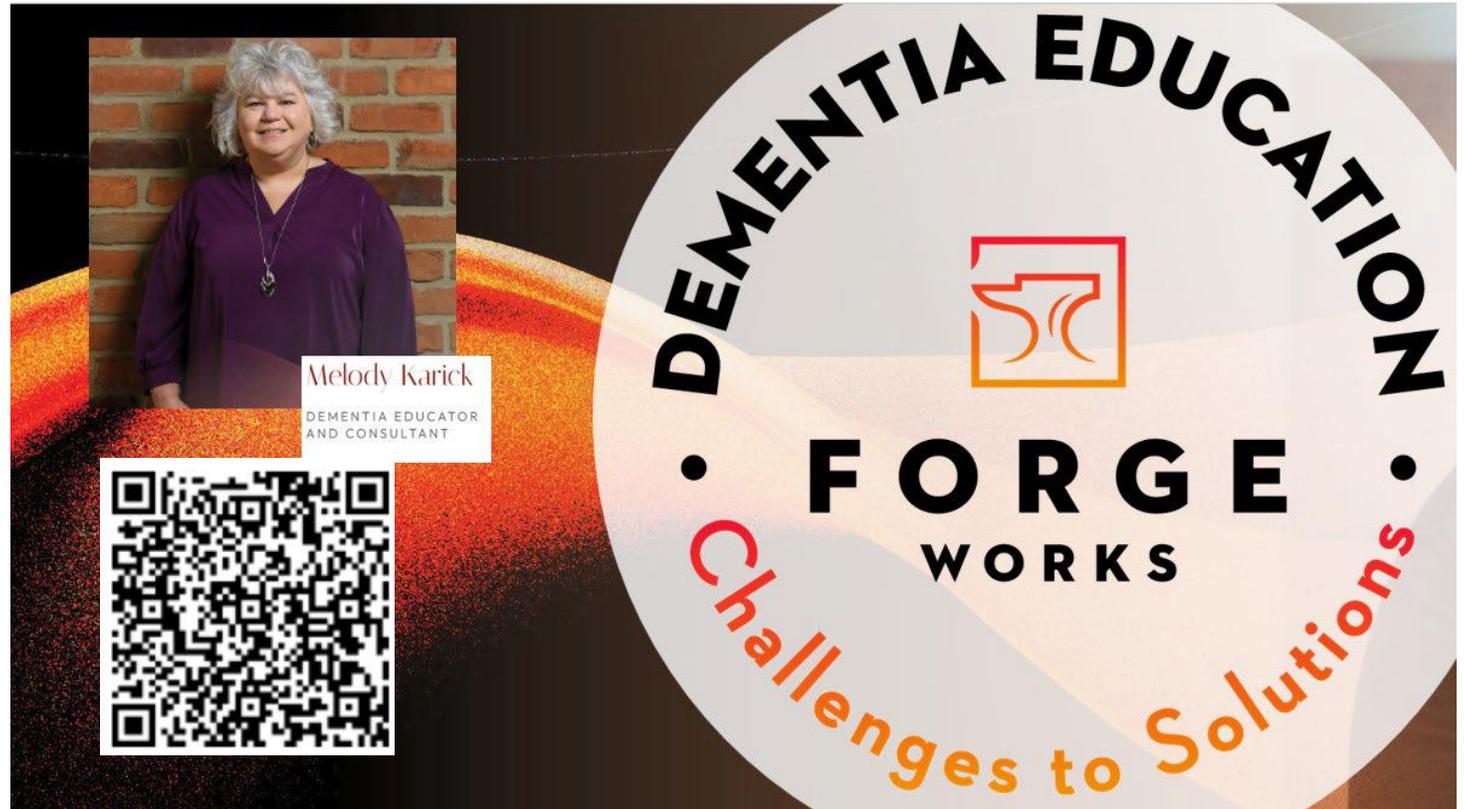
Ballerina



YouTube. (n.d.-b). YouTube.
https://www.youtube.com/watch?v=IT_tW3EVDK8

THANK YOU

For More
Information
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Experience and Education



Please Sign Out



Certificate



Post Survey



Must Complete
Sign In, Sign Out,
Pre Survey, Post
Survey, AND
Certificate