

# Dementia Experience General Instructions

Today we will demonstrate what it may be like to walk in the shoes of a person with dementia. This experience is unique for every person.

Instructions on how to wear the components will follow general instructions.

Instructions to de-garb will be listed on the screen after completion of your 2<sup>nd</sup> Experience.

You will be asked to complete the experience twice. When part one of the experiences is over, you will be instructed to take off the headphones. Please do not turn the headphones off. Please leave all other components on.

You will be asked to do a series of tasks. A list of tasks through the eyes of a person living with dementia is located somewhere in the room.

Please do not exit the room until the complete experience is over and you are instructed to remove all components.

Your senses will be altered. Once Experience is completed, your senses will immediately return to normal.

Questions will not be answered during the experience.

Embrace the experience. Be aware of your feelings.

